

Community News

For Tenants of Durham Region Non-Profit Housing Corporation

Message from the Executive Director

When the day finally arrived for our ribbon cutting ceremony, it was filled with excitement, sunshine and many champions of affordable housing who were on hand to celebrate. Our new affordable rental apartments for seniors are ready for occupancy at Gillespie Gardens!

We are so pleased and proud to introduce these 18 new units which have been added to our existing property at Gillespie Gardens in Beaverton. The plan to expand this property has been in the works for many years, and came to fruition with the help of our staff; Board of Directors: Investment in Affordable Housing funding; Mayor, Council and staff from Brock Township; Durham Region Housing staff, Accel Construction, Natale Architect Inc. and SHS Consulting. Most importantly, we want to appreciate the patience and support of our existing tenants, who lived through the entire construction process without

complaint because they understood that more seniors will see an improved quality of life when they are welcomed to the neighbourhood.

For more information on these units, please visit our website at www.durham-housing.com/vacancies/.

You will see continued growth at DRNPHC as we embark on our next project in Cannington, building a new 50 unit affordable seniors apartment building, with anticipated occupancy early in 2020.



Patti Bell
Executive Director

Dan CarterPresident, Board of Directors

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DRPS Survey

The Durham Regional
Police Service (DRPS) would
like to hear your opinion
about the service that we
provide, as well as the
safety concerns that you
have within your
neighbourhood. To
complete the survey, visit:

www.drps.ca/survey



Summer Wrap-Up

As summer comes to an end, Durham Non-Profit Housing Corporation would like to thank our tenants for engaging in our summer BBQs and other activities. We would also like to thank our summer students for lending a helping



hand! This year, our summer students participated in painting at several of the properties and planned tenant engagement activities that varied from arts and crafts, contests and movie viewings. Thank you to all for making this summer so fantastic!

A Quick Reminder...

Please remember that as the weather changes we all need to do our part to keep our properties clean and safe. This includes doing things such as:

- Take any air conditioning units out of your window for the season
- Turn off outside water taps and store any hoses in a dry place
- Put away any summer toys

In doing these simple things, it ensures that your summer belongings can be enjoyed next year!

Cannabis

As everyone is probably aware, on October 17th, recreational cannabis became legal in Canada. Our sites began transitioning to non-smoking in 2015. Please be reminded that the non-smoking lease clause includes tobacco, cannabis and other products that generate smoke. DRNPHC will take reasonable steps to enforce the no-smoking policy when a complaint is received in writing.

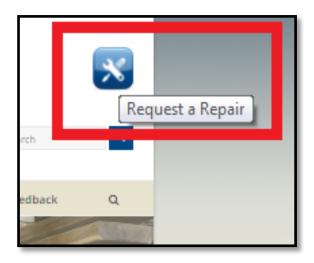
For more information on cannabis, please visit the government of Canada website at:

https://www.canada.ca/en/services/health/campaigns/cannabis/canadians.html

How do I request a repair?

Do you need something repaired in your unit? Requesting a repair online is a fast and simple solution. Visit our website at www.durham-housing.com and complete the steps below:

1) Click the button at the top right-hand corner of the screen. It looks like this:



- 2) "Request for Repair" will appear at the top of the page. You will then be asked to fill out your name, phone number, address (please include unit number) as well as any repairs that are being requested and where in your unit the repair needs to take place.
- 3) Press Submit at the bottom of the screen. You will receive an email letting you know that your request for repair was submitted.



PLEASE NOTE:

If you do not have access to a computer, feel free to call the office at (905) 436-6610 to submit your request for repair.

To ensure accuracy, please only file one request for each repair that you need to have completed. If you would like to know the status of your repair or if your request for repair was properly submitted, please call the office at the number listed above. We would be happy to assist you!

English Conversation Circles

Would you like to practice English? Do you have any questions about life in Canada and/or the Durham Region? Do you want to be involved in your community? The CDCD is now offering free, weekly conversation circles throughout Durham Region. Permanent Residents, Convention Refugees and Live-In Caregivers are all welcome to join!

Locations

Newcastle: Wednesdays, 6:30-8:00pm Newcastle Public Library 150 King Ave E, Newcastle

Oshawa: Mondays, 2:45-4:30 pm Oshawa McLaughlin Library 65 Bagot St, Oshawa

Whitby: Tuesdays,6:30-8:00pm Hebron Church 4240 Anderson St, Whitby Thursdays, 6:30-8:00pm Whitby Central Library Room #2 405 Dundas St W., Whitby

Ajax: Wednesdays, 6:30-8:00pm Ajax Main Library Children's Room 55 Harwood Ave S., Ajax

Pickering: Mondays, 3:00-4:00pm Scugog Memorial Public Library Rotary Room

231 Water St, Pickering

Contact: Maria Abogado 905-686-2661

Community Events

With fall just around the corner, Durham Non-Profit Housing would like to extend an invitation to all of our tenants to explore these events located throughout the community!



Sunday FUNday – Time Capsules

<u>Where?</u> Oshawa Museum, 1450 Simcoe Street South, Oshawa <u>When?</u> Sunday, October 7th from 12pm-4pm

If you could make a time capsule, what would you put in it? What do you think the Victorians would have put in a time capsule to tell us what their life was like? Sunday FUNday is a free, all-ages event that is held on the first Sunday of every month.

Contact: Jillian Passmore (905) 436-7624

Fall Art Festival

<u>Where?</u> Camp Samac, 275 Conlin Road E., Oshawa <u>When?</u> Friday, October 12th from 10am-5pm This free art show and sale is inside the council hall at Camp Samac! 70 artists in various types of mediums will be participating in this year's festival. Contact: Anne Johnson (905) 435-5075

Apple Festival and Craft Sale

Where? Downtown Bowmanville
When? Saturday, October 13th from 9am-5pm
Come and enjoy all things apple! This free festival features handmade crafts and food, outdoor shopping and live performances by local musicians.

Durham Regional Police Children's Games

<u>Where?</u> Pickering Recreation Complex, 1867 Valley Farm Road, Pickering <u>When?</u> Saturday, October 27th from 8:30am-3pm
This is a participation-based sporting event with activities that include basketball, wheelchair rugby, parachute and more. Admission is free! It has been requested to please bring in pop tabs for the pop tab collection on game day, or to any Durham Regional police station.

<u>Contact:</u> Detective Wilson (905) 579-1520



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Halloween Safety Tips



Halloween will be here soon! Here are some safety tips and guidelines that will ensure that you and your family have a safe and happy Halloween.

- Make sure that if worn, masks can be seen out of. Cars, tripping hazards and other dangers will be harder to notice if the person in costume cannot see out of their mask!
- Make sure costumes fit properly and are free of any tripping hazards such as overly long capes and dresses, oversized shoes, long pants, etc.
- Choosing bright colours or reflective tape ensures that children are visible to parents and drivers
- According to the OPP, children under age 10 should be accompanied by an adult.
- Do not go anywhere alone, travel with a group of at least three people
- Plan ahead follow a map or plan a route and stick to the agreed upon streets
- Before eating any candy, make sure it has been inspected by an adult
- Stay away from dark houses and never enter a stranger's home
- If you are a motorist, drive slowly and stay alert

Regardless of whether you are trick-or-treating, handing out candy or driving in a residential area, we can all do our part to ensure that this season is enjoyable and safe for everyone.

Roasted Butternut Squash Soup

Makes 8 servings Prep Time: 10

minutes

Total Time: 1 hour 50 minutes



Ingredients

- 4 pounds (about 2 medium or 1 large) whole butternut squash
- 1 tablespoon canola oil
- 2 cups large-diced onion (about 1 medium onion)
- 2 cups diced (about 1 medium) Granny
 Smith apple, peeled if desired
- 1 clove garlic, minced
- ½ tablespoon curry powder (or to taste)
- ¼ teaspoon crushed red chili flakes
- 4 cups vegetable or chicken broth
- 1-½ teaspoons kosher salt, plus more to taste
- ¼ teaspoon freshly ground black pepper, plus more to taste
- ½ cup heavy cream or coconut milk

Directions

- 1. Preheat the oven to 375 degrees Fahrenheit (190 degrees Celsius) and place a rack in the middle. Line a baking sheet with aluminum foil.
- Coat the whole butternut squash in the canola oil and place on the lined baking sheet. Roast in the preheated oven for 1 to 1½ hours, turning the squash every 20 minutes, or until the squash is fork tender.

- 3. In a large, heavy-bottomed pot or Dutch oven over medium heat, add more oil. Add the chopped onion, and cook until the onions are translucent and just beginning to caramelize.
- 4. Add the diced apple and cook for 5 minutes, or until softened.
- 5. Add the minced garlic, crushed red chili flakes and curry powder and cook for 1 minute, until fragrant. Remove the pan from the heat and set aside.
- 6. When the squash is ready and removed from the oven, set the baking sheet on a wire rack until the squash is cool enough to handle. Cut the cooled squash in half and use a spoon to scoop the seeds out. Peel off and discard the skin, and add the flesh into the pot with the onion mixture.
- 7. Add the vegetable or chicken broth with the squash, and season with the kosher salt and pepper. Stir to combine.
- 8. Bring to a boil over medium-high heat, then reduce the heat to medium-low and simmer for 15 minutes, stirring occasionally to break up any large pieces of squash, until the flavors meld.
- 9. Remove the pot from the heat, and stir in the cream or coconut milk.
- 10. Using a blender, immersion blender, or food processor, and in batches if needed, purée the soup until smooth. If using a blender, remove the small cap (i.e. the pour lid) from the blender lid and cover the space with a kitchen towel to allow steam to escape and prevent the blender lid from popping off.
- 11. Taste and season with more salt and black pepper, if desired.

Word Search!

To solve, simply complete the Word Search and mail it to:

28A Albert Street, Oshawa, ON L1H8S5

or E-mail to:

drnphc@durhamhousing.com

or deliver in person to our office for your chance to win a \$25 gift card.

The Winner will be announced in our next newsletter!

Simone P.
the winner
from our last
newsletter!!



Good Luck!

Fun & Games

First Name	Last Name					
Address						
, total 000						
E-mail	Phone #					
L-IIIaii	riiulie #					

FUN FALL WORD SEARCH

Find each of the fall words hidden below.

Н	A	R	V	E	s	т	E	I	S	E	т
R	s	L	0	E	С	D	D	E	С	Н	A
A	E	U	0	L	I	Α	V	A	A	S	S
E	A	U	N	R	L	A	Α	N	R	С	N
E	E	P	Y	\mathbf{F}	E	A	K	R	E	0	R
0	L	A	P	L	L	S	В	A	С	R	0
R	Н	М	\mathbf{E}	L	G	0	U	T	R	N	С
A	E	E	D	I	E	т	W	L	0	Α	Α
N	R	E	V	E	U	S	0	E	W	0	R
G	L	I	\mathbf{E}	М	R	М	Α	Α	R	R	F
E	N	E	N	P	U	М	P	K	I	N	R
G	Y	E	L	L	0	W	I	D	S	A	R

WORDS TO FIND:

pumpkin harvest
yellow apples
scarecrow hayride
autumn red
leaves Thanksgiving
sunflower football
acorns orange
corn

