



Durham Region Non-Profit
Housing Corporation

Community News

*For Tenants of Durham Region Non-Profit Housing
Corporation*

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Durham Region Non -
Profit Housing Corp.

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Message from the President & the Executive Director

Welcome to Spring 2017!

There is so much going on at Durham Region Non-Profit Housing! This newsletter is packed with information and requests for you to get engaged in your housing community.

Get growing! Our Tenant & Housing department is looking for additional sites to establish vegetable gardens this spring and summer. Learn more about this and how you can share in the food bounty – just turn the page for more information!

Looking for Summer Students! We have been approved by Service Canada - Canada Summer Jobs 2017 to hire students in the Oshawa and Pickering/Uxbridge areas to assist us with general maintenance. These jobs will run 7 weeks in duration, will commence June 19th and pay more than the current minimum wage. If you are a full-time student, aged 15-30 years old and are returning to school in the next academic year, and are interested in working with us - please see the details on page 4 of this newsletter.

Tenant Insurance! The Corporation requires that all residents purchase and maintain tenant insurance, in the event of a fire, theft or water damage and it may also cover accidental damages that you, your family or guests may cause. Tenant Insurance can help you replace furniture, clothes, kitchenware and other belongings that you may not be able to afford to replace.

On behalf of the Durham Region Non-Profit Housing Corporation Team, we wish you a happy and safe Spring!

Patti Bell
Executive Director

Dan Carter
President, Board of Directors

Join Dan and Patti for a Coffee Chat

Tuesday, June 6

9:30am-10:30 am -28 Albert St. Oshawa (Cy Elsey)

11:00am-12:00pm-580 Beatrice St, Oshawa (Beatrice Woods)

Tuesday, June 13

9:30am-10:30am-1525 Nichol Ave Whitby (Woodfarm)

11:00am-12:00pm-1840 Westcreek Dr. Pickering (Highbush)



Non Toxic Cleaning Solutions

Glass Cleaner

¼ cup of vinegar
4 cups of water
1 tsp of Lemon Essential Oil

Stovetop Cleaner

½ cup of baking soda
Enough water to create a paste (add as needed)
5 drops of Lemon Essential Oil
5 drops of Rosemary Essential Oil

Wood Floor Cleaner / Furniture Polish

1 Gallon of hot water
¾ cup of Olive Oil
1 tbsp of Lemon Essential Oil

Disinfecting Floor Cleaner

1 Gallon of hot water
¼ cup of Borax
1 tsp of Orange Essential Oil
1 tsp of Lavender Essential Oil

Eliminating Cat & Urine Spray

Add 1 tsp to a litre of hot water and ¼ cup of vinegar. Wash entire area well. The smell will be gone.

Room and Furniture Spray

Add 40 drops of your favorite

Spring Cleaning Tips **Cleaning with Lemons**

Freshen your Microwave: Heat up a cup of water and a chopped lemon on high in the microwave until the window is steamy. Let the bowl sit for 15 minutes, open the door and wipe away any grime or grease with ease.

Remove stains from linens: Mix lemon juice and salt. Let the mixture sit for half an hour, rinse with vinegar and warm water.

Shine chrome bathroom fixtures: Run the side of a lemon over faucets, drains to remove mineral deposits. Rinse and dry thoroughly when you're done to make them sparkle.

Kill weeds: Spray any garden offenders with a little lemon juice and banish them from your yard. Keep the juice off the plants – the acidity could damage or kill flowers and bushes too.

Create a scented humidifier: Simmer a saucepan of water and some lemon slices (and other aromatics, if you like) to combat dry indoor air, and make your home smell nice in one punch.



Kitchen Safety Tips



The number one cause of residential fires in North America is from cooking. Most kitchen fires are preventable if the following safety tips are followed when cooking.

- Never leave cooking unattended
- Prevent burns and stove top fires by turning pot handles inward
- Keep children at least one meter away from the stove
- Avoid cooking when under the influence of alcohol or medications
- Avoid wearing loose sleeves that may contact burners and catch fire
- Keep curtains, dishtowels, pot holders and plastic containers away from hot surfaces

If a kitchen fire occurs:

- To extinguish a fire in a pot or pan, use oven mitts to slide the lid over flames and then turn off the burner
- If a fire starts in your oven, close the oven door and turn off the heat source
- For a microwave fire, keep the door closed and turn off the microwave
- **Never put water on oil or grease fires!**

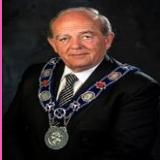
Think Safety!

**Board of Directors
2014-2018**

**President-Councillor
Dan Carter**



**Vice President –Regional Chair
Roger Anderson**



**Treasurer-Councillor
Bob Chapman**



**Board Member-Councillor
Nester Pidwerbecki**



**Board Member-Councillor
Joe Neal**



**Board Member-Mayor of Uxbridge
Gerri Lynn O'Connor**



**Board Member-Councillor
David Pickles**



Are you interested in a Garden Club at your Property?

The tenants at our Old School House in Cannington are active in growing summer vegetables. Our Superintendent Eileen states *“everyone is great in doing their part to make our gardens successful...the gardens are not large but everyone here at OSH gets some fresh vegetables in the summer”*

If you are interested in forming a site garden club please call our Customer Service staff at our head office: 905-436-6610, or email drnphc@durham-housing.com for more information.



Projects

The Ontario Government grant for Social Housing Energy Improvement is helping DRNPHC by providing funds to purchase and install new windows and doors at our Conant Place property – this project is currently wrapping up. Thanks to our Conant Place residents for all the support!

Expect to see us at your property this summer –roofing, asphalt repairs and painting are top of our list!



****Calling all students****

DRNPHC and Canada Summer Jobs Program have teamed up to offer summer student employment. Please send us a letter of interest and/or your resume. We are looking for...

Student Maintenance workers @ \$13.40/hr

Starts mid-June for 7 weeks, Secondary School required. Oshawa & Pickering/Uxbridge

Student Tenant Engagement Co-ord @ \$15.40/hr

Starts mid-May for 7 weeks, Oshawa, College/University required

Student Engagement Ambassador @ \$13.40/hr

Starts mid-June for 7 weeks, Secondary School required, Oshawa

Student Office Clerk @

\$13.40/hr
Starts mid-June for 7 weeks, College/University required, Oshawa

Please call Ana at our head office: 905-436-6610, or email drnphc@durham-housing.com for more information.

*please note that all positions are contingent on funding approval

DRNPHC is looking for tenant volunteers to form our first ever Tenant Advisory Committee.

A tenant advisory committee can give tenants independence and a stronger voice in the operation of their site or building. It provides tenants and DRNPHC to work together and make change that will provide mutual benefits.

The committee will meet to discuss tenant issues and needs, information of how to develop a Tenant Association and will bring recommendations and suggestions for improvements to our Tenant & Housings Services. The first meeting is set for Thursday May 25 at 11:00am via a conference call.

Please call Karin Musgrove at our head office: 905-436-6610, or email drnphc@durham-housing.com for more information and for the number to dial to connect with the conference call.

Animal Safety Tips.

Keep your dog cool by wetting down a bandana and placing it in the freezer to chill. Tie around your pets neck once frozen.

Pets can get sunburned to be sure to apply sunscreen to your cat or dog before a long period of exposure to the sun. Use on with an SPF of 30 and mix it with a little petroleum jelly (Vaseline) to help it stay put. Don't forget a dogs nose and the tips of a cat's ears.

Rabbits are in the greatest danger of overheating in the summer. Even in the shade they can be in danger. The best thing to do is keep them indoors if possible.

Recipes:

Gluten Free Recipe

Honey Nut Bars

Ingredients:

¼ cup Butter or margarine
1/3 cup Packed brown sugar
1/3 cup Golden corn syrup
2 tbsp Liquid honey
4 cups Gluten free Rice Krispies
½ cup Toasted chopped nuts
½ cup Dried cranberries
¼ cup Sesame seeds

Directions:

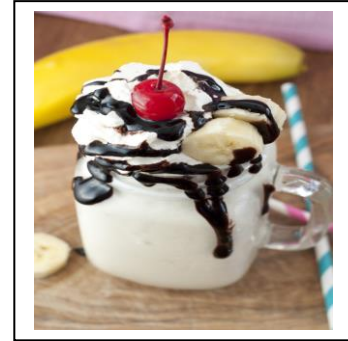
1. In a large saucepan or Dutch oven, over medium heat, melt butter. Stir in brown sugar, corn syrup and honey. Bring to boil; boil 1 minute, stirring to dissolve sugar. Remove from heat.

2. Immediately stir in cereal, walnuts, cranberries, and sesame seeds until well combined.

3. Spread in 33 x 23 cm (13 x 9-inch) baking pan that has been lined with foil and lightly greased. Press firmly using greased hands. Let cool.

4. Cut into three parts along longer side of pan, then each part into 5 bars. Store in tightly covered container.

Banana Split Milkshake



Ingredients:

2 cups vanilla ice cream
1 banana (sliced)
½ cup milk
½ tsp vanilla extract
Hot fudge, cherry, whipped cream and sprinkles (optional)

Directions:

Combine ice cream, banana, milk and vanilla in blender.
Blend until smooth
Top with hot fudge, cherry, whipped cream and sprinkles.
Serve and enjoy!!

Chocolate Chip Cookie Dough Brownies



Ingredients:

1 Box Brownie mix
1 pouch Chocolate Chip cookie mix
1 container rich and creamy icing

Directions:

Heat oven to 350°F (325°F for dark or nonstick pan). Grease bottom only of 13x9-inch pan with shortening or cooking spray. Make brownie batter as directed on box. Spread in pan. Make cookie mix as directed on pouch. Drop dough by rounded tablespoonful evenly onto brownie batter; press down lightly. Bake 34-38 minutes. Cool on rack and frost with chocolate icing.

Fun & Games

First Name _____ Last Name _____

Address _____

E-mail _____ Phone # _____

Word Search!

To solve, simply complete the Word Search and mail it to 28A Albert Street, Oshawa, ONT L1H8S5 or E-mail to drnphc@durham-housing.com or deliver in person to our office for your chance to win a **\$25 gift card**. The Winner will be announced in our next newsletter!



Flower Power



- | | | |
|----------|-------------|-----------|
| ASTER | HONEYSUCKLE | ORCHID |
| CROCUS | LAVENDER | PANSY |
| DAFFODIL | LILAC | SUNFLOWER |
| DAISY | LILY | TULIP |
| GERANIUM | MARIGOLD | VIOLET |

GOOD LUCK!